



Art from the Heart

FREE!

Creative Art Therapy

For caregivers and loved ones facing cognitive
or health changes

Led by an Art Therapist

No art experience needed.
Just come as you are!

Join Us Weekly

- July 7 – August 25
- Tuesdays 1:00PM– 3:00PM
- Stouffville 55+ Club

Register Now!



6240 Main Street



55plus@townofws.ca



Ontario
Trillium
Foundation



Fondation
Trillium
de l'Ontario

An agency of the Government of Ontario
Une organisme du gouvernement de l'Ontario



Limited Seats Available



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**COMING TO MARKHAM
SEPT – OCT 2026**

 MemoryLaneHomeLiving.ca

 (905) 237-1419



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Facilitated by a qualified Art Therapist

No art experience needed – just an open heart and a willingness to create together



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Older Adult Room

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📍 3201 Bur Oak Avenue
✉ jpalma@markham.ca



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